

## Remembering Jandry

### First President of the Spanish Society of Nephrology Nursing

As we close this issue, we have received the sad news of the passing of our first president, Jandry Lorenzo, who, as the author of this text explains, was fundamental to the birth and development of Nephrology Nursing.

**A**lmost without thinking, I picked up a pen that reads *Spanish Society of Nephrology Nursing*.

Let us remember together her beginnings:

It was 1973, and the VII Meeting of Nephrologists was held in Santander (Cantabria, Spain). It was called a "Meeting" because the specialty of Nephrology did not yet exist; it was created after that event.

A month earlier, I received a call from a nurse in Madrid, the head of Dialysis at *Hospital General Gregorio Marañón* (Madrid, Spain) – it was you – with the intention that nurses in Spain working in Dialysis could also gather. I must confess I felt an overwhelming FEAR, which you noticed, and you told me you understood it was perhaps a little premature and that it would be better to leave it for another occasion.

During the meeting, I was introduced to your supervisor, Dr. Valderrabano, and I told him: "Tell your head nurse that I will call her." Months later, we met at the Ercilla Hotel in Bilbao (Basque Country, Spain), in a room we rented, where we remained standing because the rooms with chairs were more expensive.

At the head of that first meeting – the very first we had – were, as you remember, two women: you, Jandry, and Rosa Lavari. I never told you how much I learned that day.

From you, I learned how clear you were about the direction we needed to take, and you reminded me of Seneca's words: "*If one does not know to which port one is sailing, no wind is favourable.*" You knew exactly where we were headed – the importance of the nurse's role in caring for dialysis patients (and look at how far it has come). And from Rosa Lavari – do you remember how we were all speaking at once? – I learned about the enormous respect she showed to everyone in that meeting: respect in giving space to others' voices, in listening to others. How fortunate I was to have known you both!

The following months, as you know, were difficult. We met at your hospital, I believe once a month, on Sundays, while gathering information about the nurses performing dialysis across Spain. In your office, we wrote the letters by hand – do you remember how much we laughed at how sticky our tongues and mouths became from sealing envelopes? What times those were!

Some people now may think that this great Society we have built came about on its own. We must remind them, in our communications, that we remain a strong and significant Society thanks to the effort of many who gave and continue to give their time and knowledge, believing in the importance of nursing alongside the patient; who research to provide better care; who would manage effectively if only they were allowed. This was our Mission, and now others must continue fighting to achieve it again.

*Chiquitilla*, from your place of rest, continue to help us. A big embrace.

**Rest in peace.**

Rosa Alonso Nates